

Lunch 12:00-16:00

homemade soup, locally baked bread (v+) and butter (v)	5.95
cornish crab sandwich, shredded lettuce, aioli	12.50
goat's cheese, new potato, pea & spinach fritatta, artichoke & mint salad, pine nuts (v) (gf)	7.25
agave roasted spring vegetables, harissa mayonnaise, giant couscous, dukkah, spinach (v+)	8.95
grilled beef burger, cornish gouda, smoked bacon, shaved onion, house pickle, sweet mustard	9.35
local mackerel on toast, beetroot hummus, charred avocado salad, zaatar, pumpkin seeds	10.75
japanese rice bowl, salt and pepper tofu, satay dressing (v+) (gf)	10.25
mussel chowder, potato, corn, smoked bacon, paprika, parsley, locally baked bread	12.50
local hake, crispy new potatoes, spinach, salsa verde, sea herbs (gf)	12.75

tapas 12:00-21:30

marinated olives (v+) (gf)	3.30
roasted almonds and cashews (v+) (gf)	3.30
locally baked bread, confit garlic, olive oil (v+)	3.50
rosemary seasalt chips(v) (gf)	3.75
broccoli, sweet miso, sesame, soy peanuts (v+) (gf)	3.75
padron peppers, sumac salt (v+) (gf)	4.00
grilled halloumi, tomato salad, kalamata olives, rye croutons, gremolata (v)	6.75
pea, blue cheese and jalapeno arancini, chive mascarpone (v)	5.00
chickpea dahl, spiced pumpkin, yoghurt, almonds, coriander (v) (gf)	5.50
babaganoush, ras el hanout roasted cauliflower, hazelnuts, zhoug, pomegranate (v+) (gf)	5.85
green falafel, butterbean and chilli dip, watercress, pickled onion (v+) (gf)	5.25
seared king prawns, chilli, ginger, lemongrass, lime (gf)	7.50
crispy fried squid, lemon pepper, aioli	7.25
mackerel pate, pickled carrots, herb butter, sourdough toast	6.25
soft shell crab bao bun, asian pickles, sriracha mayonnaise, szechuan salt	8.95
grilled sea bream, capers, samphire, fennel, buttermilk, dill oil (gf)	8.50
crispy fried sea bass, pineapple, chilli caramel, asian salad	9.95
sticky pork belly, master stock, bok choy, nam prik	6.95
chorizo, new potato, manchego, chard (gf)	6.25
zesty meatballs, cavolo nero, chipotle relish, lemon and herb sauce (gf)	6.50
serrano ham, whipped ricotta, fig, rosemary honey, walnuts (gf)	7.25

**if you have an allergy, please inform your waitress/waiter before ordering
the symbols are used as a guide and cannot prevent cross-contamination**

(v) = vegetarian

(v+) = vegan

(gf) = gluten free